**End of Therapy Feedback**

Date of final appointment:

Client initials:

I would be really grateful if you could please take a few moments to offer me any reflections upon our work together. Sensitively developing my practice is deeply important to me and I would very much value your thoughts and feedback.

Please read the following statements and tick/highlight the response that best describes how you feel.

1. My therapist listened sensitively to me?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Agree** | **Agree** | **Neutral** | **Disagree** | **Strongly Disagree** |

1. My therapist focussed on what was important to me?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Agree** | **Agree** | **Neutral** | **Disagree** | **Strongly Disagree** |

1. My therapist accepted what I said without judgment?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Agree** | **Agree** | **Neutral** | **Disagree** | **Strongly Disagree** |

1. My therapist showed me warmth and compassion?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Agree** | **Agree** | **Neutral** | **Disagree** | **Strongly Disagree** |

1. My therapist fostered a safe and trusting environment?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Agree** | **Agree** | **Neutral** | **Disagree** | **Strongly Disagree** |

1. The sessions helped me with whatever originally led me to seek support?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Agree** | **Agree** | **Neutral** | **Disagree** | **Strongly Disagree** |

1. Any changes, which have occurred as a result of our work, have been positive and of benefit?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Agree** | **Agree** | **Neutral** | **Disagree** | **Strongly Disagree** |

1. Based on my experiences I would recommend my therapist to others?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Strongly Agree** | **Agree** | **Neutral** | **Disagree** | **Strongly Disagree** |

Please use this space for any further comments about your experiences of working at ‘The Small Studio.’

|  |
| --- |
|  |

From time to time, I may (anonymously) post client feedback on my website and/or social media. Please be reassured that this is always done anonymously and in the strictest of confidence.

Please tick (or embolden) one of the following statements:

1. I agree to my feedback being anonymously used by The Small Studio
2. I do not wish my feedback to be published